



## Bar 'n' Bus Gap Year

### What is the Bar 'n' Bus Gap Year?

The Gap Year is an opportunity for you to take a significant amount of time to serve young people within a local community, engage in an extensive youth work training programme, develop new skills, learn about yourself and grow in your faith.

Our gap year is run in partnership with the Salvation Army (Herts and Essex) who input into training and provide accommodation for our gappers.

### How Does It Work?

Bar 'n' Bus delivers a range of community-based youth work programmes including detached youth work, schools engagements and outreach events. Our heart is to provide programmes for young people in the location of their choosing, rather than bringing them to our own venues. A large amount of our work takes place 'on the street' with youth work teams engaging young people in parks, high streets, and playgrounds, as well as utilising mobile youth vehicles for outreach sessions. We also provide a large amount of in-school support with a growing volunteer mentoring programme, bespoke group work and outreach programmes.

You will assist on programmes led by professional Youth Development Workers and supported by other students and volunteers.

One day per week, gap year students gather for training exploring youth work practice, faith development and issues relating to young people. Successful completion of the training programme throughout your year qualifies you as a JNC Level 3 Youth Support Worker, recognised nationally and approved by the National Youth Agency.

You will also join the wider Bar 'n' Bus team in our regular times of prayer, worship and reflection as part of the life of our charity.

The student house (owned by the Salvation Army) is located near our office in Hadleigh, Essex, on the site of the Salvation Army's Hadleigh Farm training and community facility. The idyllic location is a truly inspirational space to work from, to meet and share together and use as a central base for our work which stretches across the south of Essex.

Living in the house gives you a great opportunity for exploring community living whilst gaining understanding of the responsibilities of independence. The house is also used for social team times with staff and other gappers periodically throughout the year.

## **Do I Get Paid?**

This is a voluntary training role which gives you the opportunity to give your time to serve your community, grow in skills and obtain youth work qualifications and training. All expenses are covered for your work & training, and accommodation and food is also provided. You will receive a monthly 'pocket-money allowance' for additional expenditure (e.g. a personal phone!) the total of which is raised by yourself in your application.

## **How Much Does It Cost?**

We want our gap year to be as accessible as possible which is why we cover the costs of accommodation, food and all training. However, we want students to have some money to spend as they please throughout the year, so we ask that you raise £1000 which will be paid back to you in monthly instalments throughout the year. Ideally this should be raised before you start, but we can assist in this fundraising throughout your year if necessary.

## **What Should I Expect to Gain from the programme?**

Bar 'n' Bus is a Christian charity delivering professional youth work in a community context. This work is likely to take you out of your comfort zone as we engage and support hard-to-reach young people, building relationships to make transformational change.

Outcomes you should expect from this programme are:

- Direct, hands-on experience of professional youth and community work
- A nationally recognised qualification in Youth Work Practice
- The opportunity to make a significant difference the lives of young people
- Time to explore your faith and relationship with Jesus through study and worship whilst serving God's Kingdom in your community
- Additional professional youth work training provided through Bar 'n' Bus
- A strong foundation if you were exploring a career in Youth Work.

## **What will Bar 'n' Bus Provide?**

- All expenses of work, training and travel
- Accommodation and food costs
- Training costs
- Line-Management Supervision
- Regular team meetings with time for prayer and worship
- An awesome experience!

## **How do I apply?**

You can download an Application form from [www.barnbus.org.uk](http://www.barnbus.org.uk) along with Role Descriptions. Complete the form and send it to us and we'll be in touch to chat further about how to get you involved.

## **Contacts**

Email: [hello@barnbus.org.uk](mailto:hello@barnbus.org.uk)

Tel: 07935 222 113

# Gap Year Youth Work Trainee Role Profile



Organisation: Bar 'n' Bus Trust  
Address: c/o Hadleigh Farm Estate, Castle Lane, Hadleigh, SS7 2AP  
Tel: 07935 222 113  
Hours: Full Time (37hrs)  
Length: 1 Academic Year (September – July)  
Age: 18-25  
Job Title: Youth Work Trainee  
Responsible To: Youth Development Worker  
Job Purpose: Bar n Bus Trust exists to enable young people to develop, grow, learn and thrive. We offer a range of programmes reaching out to young people within communities including detached and mobile youth work, school programmes and counselling.

You will be part of the Youth Development Team, assist professional youth workers with the planning and running of youth work provision to support young people (10-19) to work through the challenges that face them, grow as individuals and make a positive impact on their community.

You will also commit to completing the Bar 'n' Bus Gap Year training programme which provides youth work training and faith development opportunities. In addition to regular training sessions you will also engage in additional local training provided by Bar 'n' Bus.

## Main Responsibilities:

- To take an active role within youth engagement sessions and schools work programmes, supporting the Youth Development Worker in planning and delivery
- To build positive and supportive relationships with young people, supporting youth development workers to assess need and respond appropriately in order to progress positive, social, spiritual and emotional development
- To be prepared to volunteer evenings, weekends and bank holidays as required
- To approach training sessions with a positive and open attitude

## Primary Working Relationships

Youth Work Team - You will be an active member of the Youth Work Team, assisting Youth Development Workers, Youth Work Volunteers and other students

Wider Community – You will, at times, be on session with other local youth and community workers in the delivery of projects

**Core Tasks:**

- To support youth work delivery across a range of programmes including detached youth work, schools' engagement and group work activities providing for the social, physical, emotional and spiritual needs of young people
- To build positive and supportive relationships with young people assessing need and responding appropriately in order to progress positive, social, spiritual and emotional development
- To have an understanding of and work within Bar 'n' Bus' Safeguarding policy – proactively reporting issues and concerns regarding the safety of children – full training will be provided.
- To attend regular team and staff meetings.
- To attend additional training as required
- To carry out any other reasonable duties as requested by the CEO or Youth Development Worker

**Key Result Areas**

1. To build positive and supportive relationships with young people
2. To work enthusiastically at all tasks and projects with a 'can do' attitude, supporting both young people and the youth work team
3. To proactively engage in team and staff meetings, assisting in the development of services for young people
4. Participate in the spiritual life of the Bar'n'Bus Trust (through active involvement in prayer meetings, theological reflection and spiritual development activities) and maintain the organisation's Christian ethos
5. To build good relationships with other team members and work collaboratively to achieve aims
6. To follow all policies and procedures of Bar'n'Bus' – e.g. Health and Safety, Safeguarding
7. To fully commit to and engage with the Gap Year training programme for the full duration of the year.

**Discretion to Act**

The volunteer will have the authority to act within the parameters set by line management.

**Environment**

The Bar'n'Bus Trust is a registered company Limited by Guarantee (2961054) and a registered charity (1055210).

**Fundraising Expectation**

The gap year programme allows you to obtain training, experience and development opportunities whilst serving your local community. As part of the scheme there is a fundraising expectation to meet in order to cover costs of the programme.

**Miscellaneous:**

The Youth Development Worker will be responsible for carrying out regular supervision sessions to support the post holder.

Conditional upon health clearance, employment/education references and enhanced CRB check and is exempt from the Rehabilitation of Offenders Act.

## Person Specification

### Experience & Skills

#### Essential

- Enthusiasm and desire to work with young people
- Be physically fit and able to engage in youth work activity
- Good verbal communication skills
- Ability to creatively lead sessions and activities
- Prepared to be faced with listening to difficult life situations and respond appropriately
- Commitment to Equal Opportunities

#### Desirable

- Someone with an interest in sports or arts and has a desire to use this to engage young people
- Someone who is already leading youth work activities as a volunteer or young leader
- Knowledge of Health and Safety
- Knowledge of Safeguarding children and young people policy and procedures

### Attributes

- A confident and articulate individual able to communicate effectively with others
- A person who identifies as a Christian, with a desire to grow in their spiritual life and service and who is able to contribute actively to the aims, ethos and values of Bar 'n' Bus.
- A person who is able to enthusiastically engage young people with a sense of fun and intention
- A person who is flexible with their time
- A person who is able to work effectively as part of a team and under their own initiative.
- A person who acts with integrity and empathises with others.
- A person who is creative and can respond to issues as they arise.
- A person who is able to cope with listening to difficult life situations and offer support
- A person with a genuine love of young people and desire to see lives transformed